

# Become a world class public speaker

**By the end of the training, the participant will be able to:**

- Evaluate his personal speaking skills
- Understand the effect he has on others
- Succeed in different types of oral communication
- Use breathing and relaxation techniques
- Play with his voice and facial expressions
- Use and manage silence efficiently
- Control his attitude and stance
- Project himself
- Develop his strengths and minimize his weaknesses

## **For whom?**

Everyone who wants to deliver an outstanding speech in English

## **Prerequisites**

This training does not require any prior qualification or experience

## **Training period – 2 days – 14 hours**

Training in presence / Keynote at distance

## **Trainer profile**

Behavioral and communication expert

## **Training program**

- Communication style and image self- diagnosis

- Speech preparation: the audience, the core message, objectives, call to action
- Content and form
- Verbal and non- verbal language
- Posture, movement and behaviour
- Emotional connection
- Storytelling
- Stage-frights mastery

### **Learning assessment**

Quiz – Role Play with an evaluation form

### **Learning by playing, original and interactive « Playing & suggesting, acting differently »**

Games-Exercises-Case studies -Role Play-Videos- debate-group debriefing

Slideshow projection

### **Tools**

Power posture - Verbal and non-verbal language – 6 questions – 4 C rules – stage-fright tools